



CHILD ASSENT (6-8 years)

Cross-Sectional Study of a Community-Based Exercise Intervention: Program Effectiveness in Delaware County, Indiana

My name is Shannon. You can dance or do fun stuff in the playroom for 1 hour. We will see if it makes your family healthier. We think it will make you feel good and strong like a superhero!

We will hear your heart, measure your weight, belly and arm strength, and see how tall you are today and in 3 months.

I will not use your name when telling other people about this project. Your parents or guardian must say it's OK for you to do this. You will also choose if you want to do it too. If you don't want to be in the study, no one will be mad at you. You can always go into the childcare room or children's playroom and exercise with other kids, if you do not want to dance. If you want to be in the study now and change your mind later, that's OK too. You can stop at any time.

If you are hurt while you are here, ask an adult in a red shirt for help right away. The adult will help you. Please take a copy of this form in case you want to ask questions later.

Name

Date

Contact Information:

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